

Metropolia UAS Health Promotion, Master's Degree 30.1.2023		Extent of credits	Health Promotion competences					Metropolia's generic competences					
			Theoretical foundations for Health Promotion	Health Promotion action areas and methods	The impact and effectiveness fo Health Promotion	Sustainable development and health promotion	Development of Health Promotion activities	Learning competence	Ethical competence	Working community competence	Innovation competence	Multicultural competence	Technological competence
1st Year of study	Research Methods and Skills	5			X		X	X	X		X		
	Ideation and planning of the Master's Thesis	10			X		X	X	X		X		
	Project Management and Developmental Research	5			X		X	X	X	X	X		
	Theoretical foundations for health promotion	10	X			X	X	X	X	X		X	
	Health Promotion in an International context	5	X			X	X	X	X			X	
	Individual and community-based health promotion	5	X	X	X	X	X	X	X			X	
	Planning evidence-based health promotion programs and interventions	10	X	X	X	X	X	X	X		X		X
	In total	50											
2nd Year of study	Cross-sectoral co-operation and management in Health promotion	5	X	X	X	X	X	X	X	X	X		
	Health communication	5		X	X	X	X	X	X				
	Implementation of the Master's Thesis	10			X		X	X	X		X		
	Report and assessment of the Master's Thesis	10			X		X	X	X		X		
	Elective studies	10			X		X						X
	In total	40											