Metropolia UAS

Degree programme in Occupational Therapy

25.1.2021

Levels of Professional Expertise	LK	Courses	ECTS	Knowledge of Occupational Therapy and evidence-based practice	Occupational Therapy Process and Professional Reasoning	Professional Relationships, Partnerships, Collaboration	Professional Autonomy and Accountability	Research and Development in Occupational Therapy/ Science	Management and Promotion of Occupational Therapy	Therapeutic Occupation/ Activity and Occupational/ Activity Analysis	Occupational Therapists Self-evaluate skills and Lifelong Learning	Learning competence	Ethical competence	Working community competence	Innovation competence	Multicultural competence	Technological competence
			210 ECTS	Occupational Therapy Competences								Metropolia´s Generic Competences					
1. Academic year 60ECTS **Level of professional expertise :** Basic competence of occupational therapy **Learning Outcomes:** The students are able to explain the competence, work life opportunities and partnerships produced by the degree. The students start using the knowledge base of occupational therapy and recognize the factors affecting occupational performance. The students know the professional ethical principles of occupational therapy. The students can define the concept of occupational therapy regarding clientship, diversity, and therapeutic occupation. The students know how to explain the process of occupational therapy and bring up the significance of a therapeutic relationship. The students know how to assess occupational performance and learn the basics of goal setting. The students can define prior competence and their needs for development.	1. semester	Orientation to Studying	5	x	x	x					x	x	x					
		Professional Communication in Finnish and English	5					x				x		x		x	
		Basics of Therapeutic Occupation/ Activity	5	x						x			x				
		Psychological Perspective on Occupational Performance	5	x						x							
		Environmental Factors Affecting Occupational Performance 1	5	x	x												
		Me as an Occupational Therapist	5			x	x				x		x				
		Total	30														
	2. semester	Impact of Musculoskeletal System on Occupational Performance	5	x						x							
		Rehabilitation as Multidisciplinary Collaboration	5				x		x					x			
		Assessing Occupational Performance 1	5	x	x	x	x			x			x				
		Environmental Factors Affecting Occupational Performance 2	5	x	x												x
		Entrepreneurship and Management in the Social and Health Care Sector	5						x		x			x	x		
		Enabling Occupational Performance 1	5	x	x					x							
		Total	30														
2. Academic year 60 ECTS **Level of professional expertise:** Deepening the competence in occupational therapy **Learning Outcomes:** The students can act and justify aspects utilizing the knowledge base of occupational therapy. The students can plan and implement processes in occupational therapy. The students can apply information from other disciplines into processes in occupational therapy. The students can analyze therapeutic occupation and select therapeutic occupation/activities for the client to enable meaningful and purposeful therapeutic occupation/ activity. The students can build constructive partnerships and therapeutic relationships. The students can analyze their own competence and action and set development goals.	3. semester	Assessing Occupational Performance 2	5	x	x	x	x			x			x				
		Work Placement in Occupational Therapy 1	10	x	x	x	x			x	x	x	x	x		x	
		Enabling Occupational Performance 2	5	x	x	x	x			x			x				
		Impact of Nervous System on Occupational Performance	5	x						x							
		Enabling Occupational Performance 3	5	x	x	x	x			x	x						
		Total	30														
	4. semester	Enabling Occupational Performance 4	5	x	x	x	x			x							
		Research and Development in Occupational Therapy	5	x				x	x		x			x	x	x	
		Enabling Occupational Performance in Groups	5	x	x	x	x		x	x	x		x	x		x	
		Work Placement in Occupational Therapy 2	10	x	x	x	x			x	x	x	x	x		x	
		Factors Influencing a Therapeutic Relationship and Swedish at Work	5	x	x	x	x					x		x		x	
		Total	30														
3. Academic year 60 ECTS **Level of professional expertise:** Applying and developing competence in occupational therapy **Learning outcomes:** The students can apply the knowledge base in occupational therapy, understund other disciplines and draw conclusions. The students are able to analyse and develop the occupational performance of clients and create solutions that area advancing services. The students can actively build partnerships and cooperative relationships. The students can plan and implement evidence-based client processes. The students recognize the importance of internationality in occupational therapy. The students can plan and implement strengthening, renewing and developing processes regarding their own competence as well as the field of occupational therapy.	5. semester	Planning the Bachelor's Thesis	5	x			x	x	x				x	x	x	x	
		Multidisciplinary Innovation Project	10	x				x				x		x	x		
		Methods for Research and Development Work	5					x	x							x	
		Work Placement in Occupational Therapy 3	10	x	x	x	x			x	x	x	x	x		x	x
		Total	30														
	6. semester	Implementing the Bachelor's Thesis	5	x			x	x	x				x		x	x	
		Work Placement in Occupational Therapy 4	10	x	x	x	x	x	x	x	x	x	x	x	x	x	x
		Societal Influencing and Internationality in Occupational Therapy	5		x	x	x	x	x		x		x	x	x	x	
		Deepening the Competence in Therapeutic Occupation/ Activity and Therapeutic Relationship	5		x	x		x		x	x						
		Elective Studies 1	5														
		Total	30														
4. Academic year 60 ECTS **Level of professional expertise:** Working as an expert in occupational therapy **Learning outcomes:** The students know how to work as experts in the networks of their own field understanding the importance of co-operation. The students can produce evidence based information and solve problems in an innovative and experimental way. The students can work in a way that advances equality. The students can plan their career t and understand the importance of continous development when working as a responsible expert.	7. semester	Reporting and Publishing the Bachelor's Thesis	5	x			x	x	x				x		x	x	
		Current Phenomena in Occupational Therapy	5	x			x	x	x		x			x		x	x
		Collaboration in Developing Expertise and Professional Skills	5	x		x	x		x		x	x	x	x	x	x	
		Strengthening the Professional Identity of the Occupational Therapist	5	x	x	x	x	x			x	x	x	x	x	x	
		Elective Studies 2	5														
		Elective Studies 3	5														
		Total	30														